

Akathist to Our Most Holy Lady Theotokos

Order for Reading Canons and Akathists When Alone

The Seven Bow Beginning

O God, be merciful to me, a sinner. *Bow*

O God, cleanse me, a sinner, and have mercy on me. *Bow*

Thou hast created me, O Lord, have mercy on me. *Bow*

Countless times have I sinned, O Lord, forgive me. *Bow*

My most holy Lady Theotokos, save me, a sinner, *Bow*

O Angel, my holy Guardian, protect me from all evil. *Bow*

Holy Apostle (*or* Martyr, *or* Holy Father) *Name* pray to God for me. *Bow*

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

Glory to Thee, our God, glory to Thee.

O Heavenly King

O Heavenly King, Comforter, Spirit of Truth, Who art everywhere present and fillest all things, Treasury of good things and Giver of Life, come and dwell in us, and cleanse us of all impurity, and save our souls, O Good One.

Trisagion

Holy God, Holy Mighty, Holy Immortal, have mercy on us. *Thrice*

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins; O Master, pardon our iniquities; O Holy One, visit and heal our infirmities, for Thy name's sake.

Lord, have mercy. *Thrice*

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Our Father, Who art in the heavens, hallowed be Thy Name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from the evil one.

Lord, have mercy. *Twelve times*

O Come, let us worship God, our King.

O Come, let us worship and fall down before Christ, our King and God.

O Come, let us worship and fall down before Christ himself, our King and God.

Psalm 50

Have mercy on me, O God, according to Thy great mercy; and according to the multitude of Thy compassions blot out my transgression. Wash me thoroughly from mine iniquity, and cleanse me from my sin. For I know mine iniquity, and my sin is ever before me. Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged. For behold, I was

conceived in iniquities, and in sins did my mother bear me. For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me. Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow. Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice. Turn Thy face away from my sins, and blot out all mine iniquities. Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from Thy presence, and take not Thy Holy Spirit from me. Restore unto me the joy of Thy salvation and with Thy governing Spirit establish me. I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee. Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness. O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased. A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise. Do good, O Lord, in Thy good pleasure unto Sion, and let the walls of Jerusalem be builded. Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. Then shall they offer bullocks upon Thine altar.

The Symbol of the Orthodox Faith

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ, the Son of God, the Only-begotten, begotten of the Father before all ages; Light of Light; true God of true God; begotten, not made; of one essence with the Father, by Whom all things were made; Who for us men, and for our salvation, came down from the heavens, and was incarnate of the Holy Spirit and the Virgin Mary, and became man; And was crucified for us under Pontius Pilate, and suffered, and was buried; And arose again on the third day according to the Scriptures; And ascended into the heavens, and sitteth at the right hand of the Father; And shall come again, with glory, to judge both the living and the dead; Whose kingdom shall have no end. And in the Holy Spirit, the Lord, the Giver of Life; Who proceedeth from the Father; Who with the Father and the Son together is worshiped and glorified; Who spake by the prophets. In One, Holy, Catholic, and Apostolic Church. I confess one baptism for the remission of sins. I look for the resurrection of the dead, And the life of the age to come. Amen.

Akathist to Our Most Holy Lady Theotokos

Kontakion 1, Eighth Tone

To Thee, the Champion Leader, we Thy servants dedicate a feast of victory and of thanksgiving as ones rescued out of sufferings, O Theotokos: but as Thou art one with might which is invincible, from all dangers that can be do Thou deliver us, that we may cry to Thee: Rejoice, O Unwedded Bride! *Thrice*

Ekos 1

An archangel was sent from heaven to say to the Theotokos: Rejoice! And beholding Thee, O Lord, taking bodily form, he was amazed and with his bodiless voice he stood

crying to her such things as these: Rejoice, Thou through whom joy will shine forth: Rejoice, Thou through whom the curse will cease! Rejoice, recall of fallen Adam: Rejoice, redemption of the tears of Eve! Rejoice, height inaccessible to human thoughts: Rejoice, depth undiscernible even for the eyes of angels! Rejoice, for Thou art the throne of the King: Rejoice, for Thou bearest Him Who beareth all! Rejoice, star that causeth the Sun to appear: Rejoice, womb of the Divine Incarnation! Rejoice, Thou through whom creation is renewed: Rejoice, Thou through whom we worship the Creator! Rejoice, O Bride Unwedded!

Kontakion 2

Seeing herself to be chaste, the holy one said boldly to Gabriel: The marvel of thy speech is difficult for my soul to accept. How canst thou speak of a birth from a seedless conception? And She cried: Alleluia!

Ekos 2

Seeking to know knowledge that cannot be known, the Virgin cried to the ministering one: Tell me, how can a son be born from a chaste womb? Then he spake to Her in fear, only crying aloud thus: Rejoice, initiate of God's ineffable will: Rejoice, assurance of those who pray in silence! Rejoice, beginning of Christ's miracles: Rejoice, crown of His dogmas!

Rejoice, heavenly ladder by which God came down: Rejoice, bridge that conveyest us from earth to heaven! Rejoice, wonder of angels sounded abroad: Rejoice, wound of demons bewailed afar! Rejoice, Thou Who ineffably gavest birth to the Light: Rejoice, Thou Who didst reveal Thy secret to none! Rejoice, Thou Who surpassest the knowledge of the wise: Rejoice, Thou Who givest light to the minds of the faithful! Rejoice, O Bride Unwedded!

Kontakion 3

The power of the Most High then overshadowed the Virgin for conception, and showed Her fruitful womb as a sweet meadow to all who wish to reap salvation, as they sing: Alleluia!

Ekos 3

Having received God into Her womb, the Virgin hastened to Elizabeth whose unborn babe at once recognized Her embrace, rejoiced, and with leaps of joy as songs, cried to the Theotokos: Rejoice, branch of an Unfading Sprout: Rejoice, acquisition of Immortal Fruit! Rejoice, labourer that labourest for the Lover of mankind: Rejoice, Thou Who givest birth to the Planter of our life! Rejoice, cornland yielding a rich crop of mercies: Rejoice, table bearing a wealth of forgiveness! Rejoice, Thou Who makest to bloom the garden of delight: Rejoice, Thou Who preparest a haven for souls! Rejoice, acceptable incense of intercession: Rejoice, propitiation of all the world! Rejoice, good will of God

to mortals: Rejoice, boldness of mortals before God!
Rejoice, O Bride Unwedded!

Kontakion 4

Having within a tempest of doubting thoughts, the chaste Joseph was troubled. For knowing Thee to have no husband, he suspected a secret union, O blameless one. But having learned that Thy conception was of the Holy Spirit, he said: Alleluia!

Ekos 4

While the angels were chanting, the shepherds heard of Christ's coming in the flesh, and having run to the Shepherd, they beheld Him as a blameless Lamb that had been pastured in Mary's womb, and singing to Her, they cried: Rejoice, Mother of the Lamb and the Shepherd: Rejoice, fold of rational sheep! Rejoice, torment of invisible enemies: Rejoice, opening of the gates of Paradise! Rejoice, for the things of heaven rejoice with the earth: Rejoice, for the things of earth join chorus with the heavens! Rejoice, never-silent mouth of the Apostles: Rejoice, invincible courage of the passion-bearers! Rejoice, firm support of faith: Rejoice, radiant token of Grace! Rejoice, Thou through whom hades was stripped bare: Rejoice, Thou through whom we are clothed with glory! Rejoice, O Bride Unwedded!

Kontakion 5

Having sighted the divinely-moving star, the Magi followed its radiance; and holding it as a lamp, by it they sought a powerful King; and having reached the Unreachable One, they rejoiced, shouting to Him: Alleluia!

Ekos 5

The sons of the Chaldees saw in the hands of the Virgin Him Who with His hand made man. And knowing Him to be the Master, even though He had taken the form of a servant, they hastened to serve Him with gifts, and to cry to Her Who is blessed: Rejoice, Mother of the Unsetting Star: Rejoice, dawn of the mystic day! Rejoice, Thou Who didst extinguish the furnace of error: Rejoice, Thou Who didst enlighten the initiates of the Trinity! Rejoice, Thou Who didst banish from power the inhuman tyrant: Rejoice, Thou Who didst show us Christ the Lord, the Lover of mankind! Rejoice, Thou Who redeemest from pagan worship: Rejoice, Thou Who dost drag us from the works of mire! Rejoice, Thou Who didst quench the worship of fire: Rejoice, Thou Who rescues from the flame of the passions! Rejoice, guide of the faithful to chastity: Rejoice, gladness of all generations! Rejoice, O Bride Unwedded!

Kontakion 6

Having become God-bearing heralds, the Magi returned to Babylon, having fulfilled Thy prophecy; and having preached Thee to all as the Christ, they left Herod as a babblers who knew not how to sing: Alleluia!

Ekos 6

By shining in Egypt the light of truth, Thou didst dispel the darkness of falsehood; for its idols fell, O Savior, unable to endure Thy strength; and those who were delivered from them cried to the Theotokos: Rejoice, uplifting of men: Rejoice, downfall of demons! Rejoice, Thou who didst trample down the dominion of delusion: Rejoice, Thou who didst unmask the fraud of idols! Rejoice, sea that didst drown the Pharaoh of the mind: Rejoice, rock that doth refresh those thirsting for life! Rejoice, pillar of fire that guideth those in darkness: Rejoice, shelter of the world broader than a cloud! Rejoice, sustenance replacing manna: Rejoice, minister of holy delight! Rejoice, land of promise: Rejoice, Thou from whom floweth milk and honey! Rejoice, O Bride Unwedded!

Kontakion 7

When Symeon was about to depart this age of delusion, Thou wast brought as a Babe to him, but Thou was recognized by him as perfect God also; wherefore, marveling at Thine ineffable wisdom, he cried: Alleluia!

Ekos 7

The Creator showed us a new creation when He appeared to us who came from Him. For He sprang from a seedless womb, and kept it incorrupt as it was, that seeing the miracle we might sing to Her, crying out: Rejoice, flower of incorruptibility: Rejoice, crown of continence! Rejoice, Thou from whom shineth the Archetype of the Resurrection: Rejoice, Thou Who revealest the life of the angels! Rejoice, tree of shining fruit, whereby the faithful are nourished: Rejoice, tree of goodly shade by which many are sheltered! Rejoice, Thou that has carried in Thy womb the Redeemer of captives: Rejoice, Thou that gavest birth to the Guide of those astray! Rejoice, supplication before the Righteous Judge: Rejoice, forgiveness of many sins! Rejoice, robe of boldness for the naked: Rejoice, love that doth vanquish all desire! Rejoice, O Bride Unwedded!

Kontakion 8

Having beheld a strange nativity, let us estrange ourselves from the world and transport our minds to heaven; for the Most High God appeared on earth as a lowly man, because He wished to draw to the heights them that cry to Him: Alleluia!

Ekos 8

Wholly present was the Inexpressible Word among those here below, yet in no way absent from those on high; for this was a divine condescension and not a change of place, and His birth was from a God-receiving Virgin Who heard these things: Rejoice,

container of the Uncontainable God: Rejoice, door of solemn mystery! Rejoice, report doubtful to unbelievers: Rejoice, undoubted boast of the faithful! Rejoice, all-holy chariot of Him Who sitteth upon the Cherubim: Rejoice, all-glorious temple of Him Who is above the Seraphim! Rejoice, Thou Who hast united opposites: Rejoice, Thou Who hast joined virginity and motherhood! Rejoice, Thou through whom transgression hath been absolved: Rejoice, Thou through whom Paradise is opened! Rejoice, key to the kingdom of Christ: Rejoice, hope of eternal good things! Rejoice, O Bride Unwedded!

Kontakion 9

All the angels were amazed at the great act of Thine incarnation; for they saw the Unapproachable God as a man approachable to all, abiding with us, and hearing from all: Alleluia!

Ekos 9

We see most eloquent orators mute as fish before Thee, O Theotokos; for they are at a loss to tell how Thou remainest a Virgin and could bear a child. But we, marveling at this mystery, cry out faithfully: Rejoice, receptacle of the Wisdom of God: Rejoice, treasury of His Providence! Rejoice, Thou Who showest philosophers to be fools: Rejoice, Thou Who exposest the learned as irrational! Rejoice, for the clever critics have become foolish: Rejoice, for the writers of myths have faded away! Rejoice, Thou Who didst rend the webs of the Athenians: Rejoice, Thou Who didst fill the nets of the fishermen! Rejoice, Thou Who drawest us from the depths of ignorance: Rejoice, Thou Who enlightenest many with knowledge! Rejoice, ship for those who wish to be saved: Rejoice, harbor for sailors on the sea of life! Rejoice, O Bride Unwedded!

Kontakion 10

Desiring to save the world, He that is the Creator of all came to it according to His Own promise, and He that, as God, is the Shepherd, for our sake appeared unto us as a man; for like calling unto like, as God He heareth: Alleluia!

Ekos 10

A bulwark art Thou to virgins, and to all that flee unto Thee, O Virgin Theotokos; for the Maker of heaven and earth prepared Thee, O Most-pure one, dwelt in Thy womb, and taught all to call to Thee: Rejoice, pillar of virginity: Rejoice, gate of salvation! Rejoice, leader of mental formation: Rejoice, bestower of divine good! Rejoice, for Thou didst renew those conceived in shame: Rejoice, for Thou gavest wisdom to those robbed of their minds! Rejoice, Thou Who didst foil the corrupter of minds: Rejoice, Thou Who gavest birth to the Sower of purity! Rejoice, bridechamber of a seedless marriage: Rejoice, Thou Who dost wed the faithful to the Lord! Rejoice, good nourisher of virgins: Rejoice, adorer of holy souls as for marriage! Rejoice, O Bride Unwedded!

Kontakion 11

Every hymn is defeated that trieth to encompass the multitude of Thy many compassions; for if we offer to Thee, O Holy King, songs equal in number to the sand, nothing have we done worthy of that which Thou hast given us who shout to Thee: Alleluia!

Ekos 11

We behold the holy Virgin, a shining lamp appearing to those in darkness; for, kindling the Immaterial Light, She guideth all to divine knowledge, She illumineth minds with radiance, and is honoured by our shouting these things: Rejoice, ray of the noetic Sun: Rejoice, radiance of the Unsetting Light! Rejoice, lightning that enlightenest our souls: Rejoice, thunder that terrifiest our enemies! Rejoice, for Thou didst cause the refulgent Light to dawn: Rejoice, for Thou didst cause the river of many streams to gush forth! Rejoice, Thou Who paintest the image of the font: Rejoice, Thou Who blottest out the stain of sin! Rejoice, laver that washeth the conscience clean: Rejoice, cup that drawest up joy! Rejoice, aroma of the sweet fragrance of Christ: Rejoice, life of mystical gladness! Rejoice, O Bride Unwedded!

Kontakion 12

When the Absolver of all mankind desired to blot out ancient debts, of His Own will He came to dwell among those who had fallen from His Grace; and having torn up the handwriting of their sins, He heareth this from all: Alleluia!

Ekos 12

While singing to Thine Offspring, we all praise Thee as a living temple, O Theotokos; for the Lord Who holdeth all things in His hand dwelt in Thy womb, and He sanctified and glorified Thee, and taught all to cry to Thee: Rejoice, tabernacle of God the Word: Rejoice, saint greater than the saints! Rejoice, ark gilded by the Spirit: Rejoice, inexhaustible treasury of life! Rejoice, precious diadem of pious kings: Rejoice, venerable boast of reverent priests! Rejoice, unshakable fortress of the Church: Rejoice, inviolable wall of the kingdom! Rejoice, Thou through whom victories are obtained: Rejoice, Thou through whom foes fall prostrate! Rejoice, healing of my flesh: Rejoice, salvation of my soul! Rejoice, O Bride Unwedded!

Kontakion 13

O all-praised Mother Who didst bear the Word, holiest of all the saints, accept now our offering, and deliver us from all misfortune, and rescue from the torment to come those that cry to Thee: Alleluia!

This Kontakion is sung thrice. And again:

Ekos 1

An archangel was sent from heaven to say to the Theotokos: Rejoice! And beholding Thee, O Lord, taking bodily form, he was amazed and with his bodiless voice he stood crying to her such things as these: Rejoice, Thou through whom joy will shine forth: Rejoice, Thou through whom the curse will cease! Rejoice, recall of fallen Adam: Rejoice, redemption of the tears of Eve! Rejoice, height inaccessible to human thoughts: Rejoice, depth undiscernible even for the eyes of angels! Rejoice, for Thou art the throne of the King: Rejoice, for Thou bearest Him Who beareth all! Rejoice, star that causeth the Sun to appear: Rejoice, womb of the Divine Incarnation! Rejoice, Thou through whom creation is renewed: Rejoice, Thou through whom we worship the Creator! Rejoice, O Bride Unwedded!

Kontakion 1, Eighth Tone

To Thee, the Champion Leader, we Thy servants dedicate a feast of victory and of thanksgiving as ones rescued out of sufferings, O Theotokos: but as Thou art one with might which is invincible, from all dangers that can be do Thou deliver us, that we may cry to Thee: Rejoice, O Unwedded Bride!

Prayer to the Most Holy Lady Theotokos

O most holy Sovereign Lady Theotokos! Higher art thou than all the angels and archangels, and more honourable than all creation, a helper of the wronged art thou, the hope of the hopeless, an intercessor for the poor, the consolation of the sorrowful, a nourisher of the hungry, a robe for the naked, healing for the sick, the salvation of sinners, the help and protection of all Christians. O all-merciful Sovereign Lady Virgin Theotokos! Through thy mercy save and have mercy on the most holy Orthodox patriarchs, the most holy metropolitans, archbishops and bishops, and all the priestly and monastic orders, the military leaders, civic leaders, and Christ-loving armed forces, and well-wishers, and all Orthodox Christians do thou defend by thy precious omophorion, and entreat, O Lady, Christ our God Who was incarnate of thee without seed, that He gird us with His power from on high against our enemies, visible and invisible, O all-merciful Sovereign Lady Theotokos! Raise us up out of the depths of sin, and deliver us from famine, destruction, from earthquake and flood, from fire and the sword, from invasion of aliens and civil war, and from sudden death, and from noxious winds, and from death-bearing plagues, and from all evil. Grant, O Lady, peace and health to thy servants, all Orthodox Christians, and enlighten their minds, and the eyes of their hearts unto salvation; and vouchsafe unto us, thy sinful servants, the kingdom of thy Son, Christ our God; for blessed and most-glorified is His dominion, together with His unoriginate Father, and His Most-Holy and good and life-creating Spirit, now and ever, and unto the ages of ages. Amen.

Prayers following the Akathist

Read the closing prayers when reading the Akathist alone.

Hymn to the Theotokos, Eighth Tone

It is truly meet to bless thee, the Theotokos, ever-blessed and most blameless, and Mother of our God. More honourable than the Cherubim, and beyond compare more glorious than the Seraphim, thee who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Trisagion

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (*Thrice*)
Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins; O Master, pardon our iniquities; O Holy One, visit and heal our infirmities, for Thy name's sake.

Lord, have mercy. (*Thrice*)
Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Our Father, Who art in the heavens, hallowed be Thy Name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from the evil one.

Lord, have mercy. (*Thrice*)
Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim, who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Through the prayers of our holy fathers, O Lord Jesus Christ, our God, have mercy on us. Amen.